



## All day breakfast

### Eden farmhouse breakfast

2 egg, 2 bacon, 2 sausage, vine tomatoes, beans, field mushroom, and chunky toast £6.00 ☺

### Veggie Breakfast

2 egg, potato cake, field mushroom, spinach, vine tomatoes, beans on chunky toast £5.50 ☺

### Eggs Benedict

Poached eggs on toast with grilled vine tomato and hollandaise sauce.

Your choice of:-

- Grilled Tregoning Farm mushrooms and baby spinach
- Tywardreath grilled bacon £5.00

### Beans on chunky toast

with home-cured bacon and west country cheddar £5.00 ☺

**Rosedown Farm eggs** cooked any style on chunky toast £3.00 ☺

### Breakfast Rolls

Breakfast rolls or sandwiches:

- Bacon/sausage/egg/mushroom £2.00
- 2 of the above £2.80
- 3 of the above £3.50
- All the above £4.00
- extra tomato £0.25

## Specials

### Provençal ragout

With braised cannellini beans and cherry tomatoes, served with roasted peppers, courgettes and aubergines, and garlic butter foccacia £5.95 ☺

### Homemade tart of the season

Tomato, pesto,

**People & Gardens** rocket served with pomme puree £5.95

### Smoked mackerel salad

Griddled and served with beetroot, deep fried capers, olive bread crutons, eden tomato chutney and house dressing £5.95

### Tender vegetable pasta

With fresh tomatoes, hard cornish goats cheese served on a bed spinach and rocket £5.95 ☺

Morning, noon  
or night

## Bigger bites

### Hot panini of the day

Please see specials board (All served with hand-cooked vegetable crisps)

### Seasonal soup of the day

served with chunky bread £2.95 🍷

### Potato wedge mini mountains

for 2-3, or **massive mountains** for 4-6

	Mini	Massive
• Plain	£2.00	£3.75
• Aioli	£3.75	£6.00
• Sour cream and dips	£4.00	£8.00
• Bacon, cheese and sour cream	£6.00	£9.00

### Roasted Tywardreath pork sausage

in a freshly baked ciabatta roll with caramelised red onion £3.95

### Eden-made beefburger

- the famous burger £3.95

### Eden-made spicy beanburger

- bit Indian, bit Mexican, a lot delicious £3.95

### Flat mushroom & aubergine stack

- can you keep it all in the bun? £3.95

### Fish finger sandwich

- just like mum used to make!

Served with a rustic tartare sauce £3.95 🍷

### Kids' meal

- homemade fish finger,

beans & potato wedges £2.00

🍷 = Kids get half portion/half price

## Bit on the side

Olives £2.50

Garlic Bread £2.00

**Eden bread selection** with tapenanade/pesto, red pepper hummus, spinach & artichoke dip, reduced balsamic £3.50

## Sweet Treats

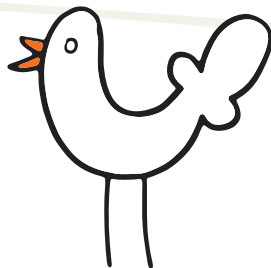
See counter for selection

Dollop of Cornish ice cream 70p

Bowl of Cornish ice cream £2.00



Want to know where  
your food comes  
from? Ask our staff!



Eden Café uses local business wherever possible. Suppliers include: Trewithen Butter, Tywardreath Butchers Meats, Deli Farm Charcuterie, Eden Bread, Wings Smoked Fish, Rosedown Eggs, Tregonning Farm Mushrooms, Eden Chutney, Patricks Preserves, Roskillys Jam & Ice Cream, Olive et el, Cornish Wildflower Honey, Tregothnan Teas, Origin Coffee and a vast variety of locally sourced veg