

# HOT FOOD

## Soup

Always vegan, always delicious!

**Chef's Homemade Soup of the day** G £5.95

Please ask a member of the team for today's delicious flavour - Gluten free option available

## Sourdough Melts

Made using sourdough from Quay bakery in Fowey- It's the best!

**Cornish Blue cheese and spring onion** D £6.25

With cranberries

**Cornish Brie and smokey bacon** D M £6.25

With festive fig jam

## Toasties

Simple and delicious

**West Country Cheddar** D G £5

**West Country Cheddar and ham** D G M £5.75

We want you to know some key ingredients in each of our dishes so we've labelled it clearly to keep you informed. Please see our guide below for details of what each label means.

E = Eggs    F = Fish    G = Gluten    M = Meat  
D = Dairy    S = Soya    N = Nuts

Please ask a member of our team if you have any dietary requirements or need assistance with the menu.