

HOT DRINKS

Espresso

Short and super strong, just like the Italians drink it!

Americano

£2.70

Espresso with extra hot water to make a longer drink

£2.00 Caffe Latte

£2.95

A single espresso with smooth, steamed milk

Flat White

£2.95

Double espresso topped with steamed milk

Cappuccino

A double espresso with lots of lovely, foamed milk

Mocha £2.95

£2.95

A single espresso with hot chocolate

Hot Chocolate

Hot, steamed milk mixed with a rich, Fairtrade cocoa

Ultimate Hot Choc

With cream and marshmallows

Babycino

A mini cup of fluffy, warm milk with a dusting of Cocoa

£2.95 Tea

£3.95

£1.00

Various varieties available

£2.00

Soup

Always vegan, always delicious!

Chef's Homemade Soup of the day •

£5.95

Please ask a member of the team for today's delicious flavour - Gluten free option available

Sourdough Melts

Made using sourdough from Quay bakery in Fowey- It's the best!

Cornish Gouda D G

with Roskillys red onion marmalade and rocket

Cornish Coppa Ham and Jack Cheese og

with rocket and American style mustard

£6.25

£6.25



Simple and delicious

West Country Cheddar • G £5.00 West Country Cheddar and Cornish ham OG £5.75

We want you to know some key ingredients in each of our dishes so we've labelled it clearly to keep you informed. Please see our guide below for details of what each label means.

E = Eggs	F = Fish	G = Gluten	M = Meat
D = Dairy	S = Soya	$\mathbf{N} = \mathbf{N}\mathbf{u}\mathbf{t}\mathbf{s}$	

Please ask a member of our team if you have any dietary requirements or need assistance with the menu.