If you have any dietary requirements or need assistance with the menu please speak to a member of our team – we’re always happy to help.

Adults need around 2000 kcal a day. Kcal values are for the dish as described.

### SMALL PLATES

- Halkidiki and Kalamata olives marinated with orange, thyme and coriander seeds 155kcal 4.75
- Locally baked sour dough with Cornish rapeseed oil and aged balsamic vinegar 1042kcal 4
- Harissa roasted vegetable hummus with pistachio dukkha, fresh herbs and crispy flat bread 874kcal 4.5
- Cornish Blue cheese arancini with roasted beetroot ketchup and Gran Moravia 309kcal 6.5
  - Cured Cornish monkfish, pickled ginger, fresh citrus, pink onions 38kcal 7
  - Crispy Cornish fish with a zesty tartare sauce, fresh chilli and garden herbs 293kcal 6.5

### MAIN PLATES

- Fregola pasta, olives, roasted peppers, spinach, arabiatta pesto 713kcal 13
- Ricotta gnocchi, peas, sprouting broccoli, baby spinach, foraged wild garlic, pecorino 964kcal 14.5
  - Chefs home-made pasta – please speak to one of our team for today’s dish 14.5
  - Pan seared Cornish hake, Italian bean stew, wild garlic pesto 638kcal 16
- Eden’s own saffron infused paella with Cornish seafood, chicken, chorizo and Lerwick langoustine 423kcal 15
- Cornish charcuterie, pickled vegetables, char grilled sour dough, garlic and chive whipped butter 499kcal 15

### SIDES

- Roasted potatoes, truffle oil, shaved Gran Moravia 93kcal 4.5
- Garden vegetables, chilli, garlic, toasted sunflower seeds, golden sour dough crumb 247kcal 4.85
  - Salad Verde 149kcal 4
- Locally baked sourdough and chive whipped butter 496kcal 4.5
DESSERTS

Affogato 252kcal 5

Panela and vanilla panna cotta, roasted rhubarb, lemon and poppy seed shortbread 316kcal 5.5

Dark Chocolate pot, orange reduction, berries 216kcal 5.5

Cheese – Single 7  Full Selection 14

Please ask your server for today's cheese selection

Roskilly's Ice Cream kcal per scoop 4.75

Clotted Cream Vanilla | Chocolate | Salted Caramel | Mint Chocolate dairy free

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KIDS

Crispy Cornish fish, roasted potatoes, home-made tartare sauce and fresh leaves 235kcal 7.5

Cornish pasta cooked in a fresh basil pesto 489kcal 5.9