

Plant something



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Re-cycle



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Reconsider your travel arrangements



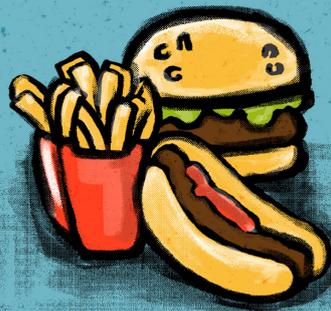
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Repair things



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Avoid certain food outlets



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Reuse/repurpose things



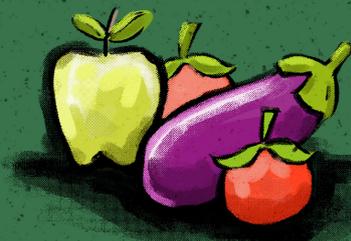
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Turn things Off



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Grow your own



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Dry clothes on the line



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Plan

your meals on
a weekly basis



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Rainforest Alliance



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Local produce



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Seasonal produce



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Eat less meat



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FSC wood products



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Zero Waste stores



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Avoid Fast Fashion



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Buy less stuff



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Research
companies



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Read up on
websites



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Read
magazines



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Have
conversations



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Watch films
& documentaries



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Discover
things when
you travel



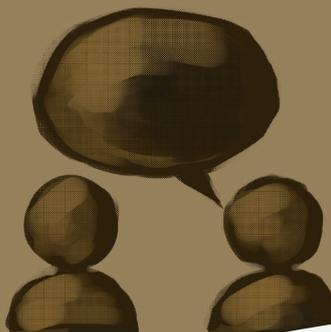
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Follow
environmental
organisations

Follow

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Tell people
why you care



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Lobby
your MP



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Become politically active



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Strike



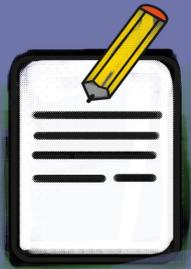
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Support charities



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Sign up to campaigns



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Blog

@treehugger

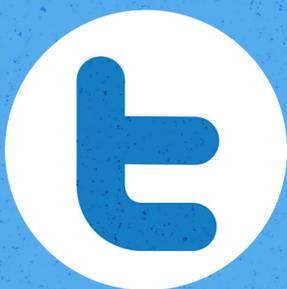
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