

Core Play Café

HOMEMADE SOUP VG GFO **5.95**
ALWAYS VEGAN, ALWAYS TASTY! PLEASE CHECK FOR TODAY’S FLAVOUR

TOASTIES
SERVED WITH DRESSED LEAVES GROWN BY EDEN PROJECT AT OUR GEOTHERMALLY HEATED GREENHOUSE

DAVIDSTOW CHEDDAR CHEESE 535kcal V **6.75**

MOZZARELLA, TOMATO AND PESTO 415kcal V **6.95**

CORNISH GOATS’ CHEESE, RED ONION MARMALADE AND ROCKET 463kcal V **7.50**

HALLOUMI, HARISSA AND CORNISH HONEY 375kcal V **7.50**

JACKET POTATOES
SERVED WITH DRESSED LEAVES GROWN BY EDEN PROJECT AT OUR GEOTHERMALLY HEATED GREENHOUSE

SERVED WITH EITHER CORNISH OR PLANT-BASED BUTTER 490kcal V VGO GF **7.00**

FILLED WITH DAVIDSTOW CHEDDAR CHEESE 894kcal V GF **8.50**

FILLED WITH HOMEMADE FRAGRANT BEAN CHILLI 661kcal ADD CHEESE FOR 50P 100cal V VGO GF **8.50**

TOPPED WITH OUR DELICIOUS CHICKPEA ‘TUNA’ FILLING 663kcal VG GF **8.50**

SALAD BAR
LARGE CHOICE OF HOMEMADE SALADS, FRESH LEAVES, EDEN GROWN PRODUCE AND A SELECTION OF DRESSINGS AND OILS V VGO GF

LARGE BOWL 9.95 SMALL BOWL 7.50

CHILDRENS MENU
EACH CHILDREN’S MEAL COMES WITH A PIECE OF FRESH FRUIT

ORGANIC CORNISH PASTA 287kcal VG **7.00**
IN A RUSTIC TOMATO SAUCE ADD CHEESE FOR 50P 90kcal

NACHOS 618kcal VG GF **7.50**
TOPPED WITH BEAN CHILLI, SOUR CREAM AND FRESH HERBS ADD CHEESE FOR 50P 90kcal

PLAIN JACKET POTATO 400kcal V VGO GF **5.50**
SERVED WITH EITHER CORNISH OR PLANT-BASED BUTTER

JACKET POTATO 804kcal V GF **6.50**
FILLED WITH DAVIDSTOW CHEDDAR CHEESE

JACKET POTATO 571kcal V VGO GF **6.50**
FILLED WITH HOMEMADE FRAGRANT BEAN CHILLI
ADD CHEESE FOR 50P 90kcal

FISHLESS FINGERS 442kcal VG **7.50**
SERVED WITH PEAS AND EDEN HERBED NEW POTATOES

V **VEGETARIAN** VG **VEGAN** VGO **VEGAN OPTION** DF **DAIRY FREE**
GF **GLUTEN FREE** GFO **GLUTEN FREE OPTION** DFO **DAIRY FREE OPTION**

IF YOU HAVE ANY DIETARY REQUIREMENTS OR NEED ASSISTANCE WITH THE MENU PLEASE SPEAK TO A MEMBER OF OUR TEAM – WE’RE ALWAYS HAPPY TO HELP.

ADULTS NEED AROUND 2000 KCAL A DAY.
KCAL VALUES ARE FOR THE DISH AS DESCRIBED.

