

# Biome Kitchen

A SELECTION OF FRESHLY MADE SANDWICHES & KIDS LUNCH BAGS ARE AVAILABLE FROM THE DISPLAY FRIDGES.

**CHEFS HOMEMADE SOUP**    **7.50**  
PLEASE ASK FOR TODAY'S FLAVOUR.

## Build a meal

### Step 1: Choose a base

**SUNSHINE RICE** - TUMERIC BASMATI RICE   

**GREENS** - MIXED LEAF   

**GRAIN** - PERSIAN BUCKWHEAT   

### Step 2: Pick one topping

**CHICKPEA & TOFU TIKKA MASALA**    **12.95**

**SPICED AUBERGINE & LENTIL STEW**    **12.95**

**BUTTERBEAN & VEGETABLES**    **12.95**  
IN A TOMATO & HERB SAUCE

**SPANISH CHICKEN CASSEROLE**   **13.95**

**ADD 2 SAUSAGES** 401Kcal   **3.00**  
ADD 2 AWARD WINNING KITTOWS SAUSAGES

### Step 3: Select two sides

**GARLIC & PARSLEY CORNISH POTATOES**   

**LEMON & CHICKPEA HERBED SALAD**   

**MEDITERRANEAN POTATO SALAD**   

**SUPERFOOD SALAD**   

**GARDEN SALAD**   

**ZESTY SLAW**   

**EDEN SALAD SELECTION** **10.95**  
COMBINE A LITTLE BIT OF EACH OF OUR SIDE SALADS TO MAKE A DELICIOUS & HEALTHY MAIN MEAL

## Optional extras

**BUTTERED CORN ON THE COB** 120Kcal    **4.75**

**POTATO WEDGES** 146Kcal    **4.75**

**ZESTY SLAW** 335Kcal    **3.50**

**WARM FLATBREAD** 204Kcal   **2.00**

**CHIPOTLE MAYO** 392Kcal    **1.40**

**GARLIC MAYO** 412Kcal    **1.40**

## Children's Meals

**CHICKPEA & TOFU TIKKA MASALA** 509Kcal    **7.50**  
SERVED WITH SUNSHINE RICE

**Build a Bag** **7.50**

1. CHOOSE A WRAP - CHEESE OR HAM
2. CHOOSE A PIECE OF FRUIT
3. CHOOSE A JUICE CARTON - APPLE OR ORANGE
4. GRAB A BAG OF ANIMAL CRISPS

**Build a Meal** **8.25**

1. CHOOSE A MAIN - PLANT BASED NUGGETS, PIZZA BREAD, TOMATO & HERB CORNISH PASTA OR 2 KITTOWS SAUSAGES

2. CHOOSE A POTATO - POTATO WEDGES OR GARLIC & HERB CORNISH POTATOES

3. CHOOSE A SIDE - PEAS OR GARDEN SALAD

 <b>VEGETARIAN</b>	 <b>VEGAN</b>
 <b>NOT CONTAINING GLUTEN</b>	 <b>NOT CONTAINING GLUTEN OPTION AVAILABLE ON REQUEST</b>
 <b>DAIRY FREE</b>	 <b>DAIRY FREE OPTION AVAILABLE ON REQUEST</b>

FOOD MADE ON-SITE IN OUR BUSY KITCHENS IS MADE USING A WIDE RANGE OF INGREDIENTS. WE ALWAYS DO OUR BEST BUT WE CAN'T GUARANTEE THAT ANY OF OUR DISHES ARE TOTALLY ALLERGEN FREE. PLEASE SPEAK TO A MEMBER OF THE TEAM IF YOU HAVE ANY DIETARY REQUIREMENTS. WE'RE HERE TO HELP.