The Bakehouse

Pasties | Savouries

SPICED VEG PASTY 746kcal (V)	5.80
CHEESE AND ONION PASTY 852kcal (V)	5.80
TRADITIONAL STEAK PASTY 738kcal	6.00
BACON, BRIE & CRANBERRY TURNOVER 577kcal	4.00
CHRISTMAS SAUSAGE ROLL 541 kcal	4.00
SIDE OF FRIES 348kcal (VG)	3.75

Wraps | Sandwiches

CORONATION CHICKPEA SANDWICH 395kcal (VG)	5.40
EGG MAYO AND CHEDDAR CHEESE SANDWICH 810kcal (V)	5.65
CHEESE & FIGGY PUDDING CHUTNEY 690kcal (V)	5.60
CORNISH HAM, CHEDDAR AND PICKLE SANDWICH 553kcal	5.80
BLT SANDWICH 381kcal	6.25
BANH MI WRAP 620kcal (VG)	6.00
TURKEY, STUFFING & CRANBERRY SANDWICH 527kcal	6.25

Hot Drinks

AVAILABLE WITH WHOLE MILK OR OAT MILK

TEA	2.85	LATTE 141kcal	3.85
SPECIALITY TEAS	2.85	CAPPUCCINO 141kcal	3.85
DOUBLE ESPRESSO 9kcal	3.25	MOCHA 167kcal	4.00
FLAT WHITE 106kcal	3.45	HOT CHOCOLATE 158kcal	4.00
AMERICANO 9kcal	3.65	BABYCINO	1.50

Cold Drinks

FROBISHERS APPLE JUICE 250ML 105kcal	2.75
FROBISHERS ORANGE JUICE 250ML 90kcal	2.75
CORNISH ORCHARDS ELDERFLOWER 330ML 115kcal	2.95
CORNISH ORCHARDS SPARKLING APPLE 330ML 115kcal	2.95
JOLLY'S COLA 330ML 93kcal	2.75
JOLLY'S COLA ZERO 330ML 0.5kcal	2.75
JOLLY'S GINGER BEER 330ML 73kcal	2.75
JOLLY'S STILL WATER 330ML 0kcal	1.90
JOLLY'S SPARKLING WATER 330ML 0kcal	1.90
RADNOR SPLASH APPLE & RASPBERRY 330ML 3.3kcal	2.95
RADNOR SPLASH LEMON & LIME 330ML 3.3kcal	2.95
RADNOR APPLE JUICE CARTON 200ML 52kcal	1.90
RADNOR ORANGE JUICE CARTON 200ML 52kcal	1.90

FOOD MADE ON-SITE IN OUR BUSY KITCHENS IS MADE USING A WIDE RANGE OF INGREDIENTS. WE ALWAYS DO OUR BEST BUT WE CAN'T GUARANTEE THAT ANY OF OUR DISHES ARE TOTALLY ALLERGEN FREE. PLEASE SPEAK TO A MEMBER OF THE TEAM IF YOU HAVE ANY DIETARY REQUIREMENTS. WE'RE HERE TO HELP.

ADULTS NEED AROUND 2000 KCAL A DAY.
KCAL VALUES ARE FOR THE DISH AS DESCRIBED.

(VG) VEGAN (V) VEGETARIAN (GF) GLUTEN FREE
(GFO) GLUTEN FREE OPTION AVAILABLE (DF) DAIRY FREE